

Joy Sisters

Adventures in Creativity, Yoga, and Play

Orcas Island, Washington, August 23-26, 2018

With Dee Hein, Katherine Witteman, and Katie Witteman



Dear JOY Sisters,

With joyful hearts, we invite you to a magical summer retreat that has been a year in the dreaming! Please join us for our inaugural **JOY Sisters: Adventures in Creativity, Yoga, and Play**, a fabulously fun and festive retreat on beautiful Orcas Island, Washington, August 23-26, 2018. If your heart is longing for a meaningful and joy-filled journey, this is it!

Mark your calendars, dear Sisters, and join us for 4 blissful days of inspiring art sessions, nourishing yoga, fun-filled adventure, soulful sisterhood, overflowing love and sparkling joy! Through creativity, yoga, and play, we'll cultivate and claim our JOY. Our hurting world needs the healing balm of our joy, now more than ever.

Come **PLAY** with us! **MAGIC** and **JOY** await!

LOVE,
Dee, Katherine, and Katie



About the Retreat!

We have so much magic planned. Please have a look!

Daily Intentional Creativity Art Sessions

All Art Supplies and Materials

Daily Yoga Sessions

Guided Journeys

Journaling

Heart-Centered Sisterhood Circles

Release Ritual

Blessing Circle

Kayaking Adventure

Guided Nature Walks and Forest Bathing Hikes

Celebration Dinner

3 Amazing Teachers to Guide You on Your Journey

More Magical Surprises

Come, dear JOY Sister,

Please join us for 4 blissful and magical days of . . .

Wonder, Creativity, Connection, Adventure, Play, Fun, Rejuvenation,
Expansion, Love, Laughter, Inspiration, Sweet Sisterhood and
Sparkling JOY!

We welcome you with open arms.

Your JOY Sisters Retreat Leaders



Dee Hein's primary vision and focus since 2007 has been to create a healing, empowering, and welcoming yoga sanctuary in Seattle, YoBe, and through that generate greater love and compassion in our world. It is her core belief that a peaceful world begins with peace in ourselves. By tending to our own kindness and compassion we positively impact those closest to us, and the ripple effect of that is limitless.

Dee spent 10 years as the proprietress of Sadh Desha retreat center on Orcas Island where she ran yoga and meditation workshops and retreats, and provided workshops for people living with cancer. She has been studying yoga since 1987 and teaching since 1995. Dee sees asana as a passageway to a deep connection to our essence and our higher knowing or spirit. She guides her classes from this inspiration with the intention of allowing the brightest and most joyous of us all to shine forth. Meet magical Dee at www.yogaonbeacon.com

Katherine Witteman is a visionary artist, a certified Color of Woman Teacher, and Intentional Creativity Coach. A life-long art lover, mystic, and healer, Katherine's greatest passion is sharing the profound joy and magical healing power of art with her beloved students. Katherine holds an MA in English Literature. An inspiring teacher for over twenty years, she can teach absolutely anyone to paint. Consider her your loving creativity mentor and enthusiastic cheerleader. Meet Katherine at www.dancingheartart.com



At age 14, Katie Witteman became the youngest Intentional Creativity Teacher in the world. An old soul, Katie is wise and compassionate beyond her years. She has loved art her whole life. Katie adores teaching Intentional Creativity retreats and playshops for kids, teens, and adults. Katie leads with a vibrant and enthusiastic heart and guides her students through deeply healing, nourishing, and joyful experiences with art. Katie considers her students to be soul friends and is so excited to meet you and join you on your spiritual and creative journey.

Come Play!

It will be a JOY to share this magical adventure with you.



To register please click here:

https://yogaonbeacon.com/yoga_workshops/

\$525, pre-registration required by July 26, 2018

Open to 8 participants only